

**Mt. Ascutney State Park, Windsor VT**

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**Wanted:**

**for Gut Wrenching Hill Climbs**

3.7 Mile Road Races - Climb 2300 ft - Avg 12% grade

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**RUNNERS**

**Sunday July 11**

Ascutney Mountain Run

*Montrail-Mountain Hardwear USATF-NE*

*Mountain Running Circuit Race #6*

Register Online @ [Active.com](http://Active.com)

**CYCLISTS**

**Saturday July 17**

Mt. Ascutney Bicycle Hill Climb

*BUMPS Northeast Championship*

*Hill Climb Series Race #4*

Register Online @ [BikeReg.com](http://BikeReg.com)

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**Rewards:**

**Great Prizes at Each Race plus Food & Fun.**

**CASH For Fastest Individual COMBINED Bike & Run Race Times.**

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[www.Club.PenguinCycles.com/Events](http://www.Club.PenguinCycles.com/Events)

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